



Bingo

STARTS: <enter start date> ENDS: <enter end date>

S	W	E	A	T
SWEAT with Mere W.	Grab a buddy and take a class TOGETHER	SWEAT with Bethany	Post a SELFIE to Instagram tag required accounts	SWEAT with Cat Kom
Take a Spin Class	Complete 4 classes in 7 days	Follow Studio SWEAT onDemand in Instagram	Take an Ab & Core Class	Post a SELFIE of you taking a Sweat Pro class & tag Studio SWEAT onDemand and where you were
Stretch with Miriam	2 a'day complete any 2 classes in one day	SWEAT With Cat Kom	Complete 12 Classes in 3 weeks	SWEAT with AJ
Complete 4 classes in 7 days	Post a SELFIE of you taking a Sweat Pro class & tag Studio SWEAT onDemand and where you were	Take a Killer Cardio Class	2 a'day complete any 2 classes in one day	Take a Mind & Body Class
SWEAT with Brian	Complete a Sculpt Workout	SWEAT with Tatiana	Take a Spin Class	SWEAT with Meredith

The Rules

1. A bingo means you've completed any 5 boxes in a row vertically, diagonally or horizontally.
2. A Blackout Bingo means you must complete the challenge in every square!
3. Selfie posts can be on Instagram, Facebook or Twitter and must contain a tag saying where you took it <name of community/location> + @StudioSWEAT on Instagram or @studiosweatondemand on Facebook

PRIZES!!!

- 1st Person to get SWEAT wins/gets
- 2nd Person to get SWEAT wins/gets
- 3rd Person to get SWEAT wins/gets
- 1st Person to get BLACKOUT/COVERALL wins/gets